

Supercourse Newsletter  
April 21, 2004

[www.pitt.edu/~super1/](http://www.pitt.edu/~super1/)  
[www.bibalex.org/SuperCourse/](http://www.bibalex.org/SuperCourse/)  
[www.bibalex.org/english/initiatives/SupercourseArchive.htm](http://www.bibalex.org/english/initiatives/SupercourseArchive.htm)

Dear Friends,

#### Olympic Supercourse Lecture

Friends, we had a good idea over the weekend. The Olympics are to be held early in August. Why cannot the Supercourse be a part of it? We are thinking about establishing an Olympic Supercourse Lecture. The concept is very simple. We create a physical activity and health lecture. This lecture is then provided to all the Supercourse and Olympic countries world wide for presentation during the Olympics. The educators of the world obtain a world class lecture to teach their students, with the backing of the Olympics and the scientists of the Supercourse. This brings the Supercourse closer to another huge International organization, the Olympics. This bring a global prevention effort of the Supercourse closer to the Olympics, a health/prevention arm. I contacted Steve Blair, and good friend who is CEO of the Cooper Clinic in Texas, and he got us in contact with an exercise leader in Greece. Eric Noji has gotten us in contact with the head of the Greek CDC, and the head of the School of Public Health in Greek. We are also thinking of getting famous athletes involved as well. The gold lecture of prevention reached 128 countries, and potentially 300,000 people. With the Olympic Supercourse lecture we could reach millions. If any of you have contacts in the Olympic program either within your country or globally, it would be great if you could let us know. We also feel that our Supercourse relay team could take on runners from ANY country.

#### Nature, BMJ

We are very proud that Nature will publish an article about us titled e-recruiting next week, and the BMJ will publish an article in mid may. It is exciting to be discussed in to heavy weight journals just a few weeks a part.

#### Tornado Supercourse:

We are prepared for Tornados in Tornado Alley in the mid part the US. We have created a lecture on Tornados <http://www.pitt.edu/~super1/lecture/lec14501/001.htm> We are making this available to all the educators in Kansas and potentially several other states. Should a tornado occur, we will update the lecture with new findings. We have global leaders from CDC, NOAA, and many university who have joined in our Tornado lecture. We have been very impressed with the interest in the schools. We are also discussing how we can send information and data upstream, to provide information about the "ground truth" of tornados. We see that building a national and global team of those of us in academia, and government with educators in the Schools, is a very powerful network for prevention of morbidity, mortality and fear. We plan to establish a set of about 10 lectures on the major types of disasters, and then have these available as backbone lecture that can grow as new information comes forward.

Eugene Shubnikov has pointed out that in Sept. we will have reached 7 years development of the Supercourse. This has been a most wild and exciting ride!!

Best regards in Spring Time

Ron, Faina, Mita, Soni, Eugene, Ali, Akira, Hercules, Rania, Abed, Tomoko, Denish, Mark Spitz, Mercury

If you would like to come off this list, please send a note to [MitalL@pitt.edu](mailto:MitalL@pitt.edu)

